

# First aid for burns

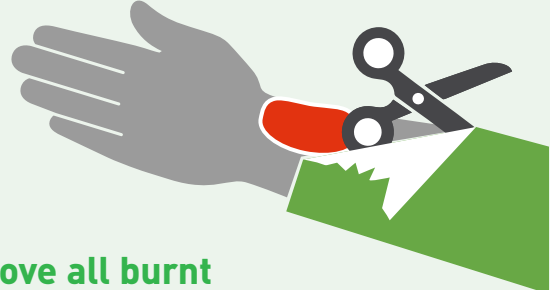
1



## Stop the burning process

Remove the burn source and move the patient to a safe space

2



## Remove all burnt clothing and jewellery if it will cause constriction

3



## Cool the burn with cool or lukewarm running water for 20 minutes

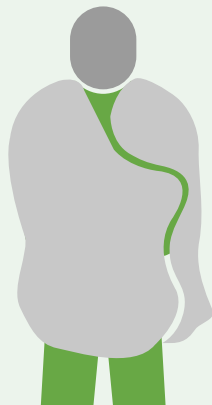
as early as possible after the injury, within 3 hours. Never use ice, iced water, or any creams or greasy substances like butter.

4



## Cover the burn loosely with a non-adherent simple dressing or cling film

5



## Keep the person warm: wrap the body in a clean dry blanket

6



## Seek medical advice

Find out more at [www.molnlycke.com](http://www.molnlycke.com)

Mölnlycke Health Care AB, Box 13080, Gamlestadsvägen 3C, SE-402 52 Göteborg, Sweden. Phone +46 31 722 30 00. The Mölnlycke trademarks, names and logotypes are registered globally to one or more of the Mölnlycke Health Care group of companies. © 2023 Mölnlycke Health Care AB. All rights reserved. 2023HQIM004166