

First aid for burns

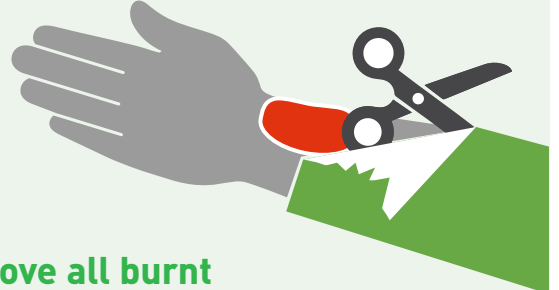
1



Stop the burning process

Remove the burn source and move the patient to a safe space

2



Remove all burnt clothing and jewellery if it will cause constriction

3



Cool the burn with cool or lukewarm running water for 20 minutes

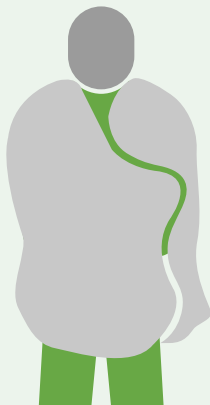
as early as possible after the injury, within 3 hours. Never use ice, iced water, or any creams or greasy substances like butter.

4



Cover the burn loosely with a non-adherent simple dressing or cling film

5



Keep the person warm: wrap the body in a clean dry blanket

6



Seek medical advice

Find out more at www.molnlycke.ca

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