



Doffing of isolation gown with exam or surgical gloves

Doffing contaminated gown and gloves

- A. Keeping gloves on, grab the gown by the waist area.
- B. Pull the gown away from your body to break the ties.
- C. Touching only the outside of the gown with your gloved hands, bring the neck and the sleeves of the gown forward, rolling it into a bundle.
- D. Peel off the gloves as the gown is being removed, touching only the inside of the gloves and gown with bare hands.
- E. Dispose of gown and gloves, and disinfect your hands.

If the gloves do not peel off with the gown, dispose of the gown and use the glove to glove, skin to skin technique shown in picture F and G to remove your gloves, and disinfect your hands.

- F. Remove the first glove using a glove to glove technique.
- G. Remove the last glove using a skin to skin technique, and disinfect your hands.

Note

When the wearer is unable to break the gown ties and there is no assistant available to untie the gown, the gloves should be removed first using the glove to glove, skin to skin removal technique. Hand hygiene should be performed before the gown is removed, touching only the inside of the gown. End with performing hand hygiene again.

Based on: AORN Guidelines for Perioperative Practice, 2019. Guideline for Transmission Based Precautions. pgs 1098-1104. Centers for Disease Control and Prevention (CDC) recommended sequences for donning and doffing of PPE. <https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>

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